



WONCA 2004 [17th World Conference, Orlando, 2004](#)



The ISMH (International Society for Men's Health & Gender) has been invited to organize a Men's Health Track/Symposia during the [17th World Conference of Family Doctors](#). The triannual WONCA meeting held in conjunction with the AAFP Scientific Assembly unites family physicians/general practitioners from all over the world. Please see detailed programme below:

Men's Health Symposia:

“Improving Men's Health: a Challenge for the Practicing Family Doctor”

Date: Wednesday, October 13th, 2004

Time: 9.30 – 12.00

Room: W230C

Chair: S. Meryn – Austria
S. Spann – USA

- 09.30–09.50 Why a Focus on Men's Health? An Introduction and Overview to the Topic
S. Meryn, MD, Professor of Medicine; Medical University of Vienna – Austria
- 09.50–10.10 Life Style Modification: Gender Specific Concepts and Programs for Prevention
G. Fritsch, MD - Austria
- 10.10–10.30 Hormone Replacement Therapy: Treatment and Controversies
R. Tan, MD, MBA, AGSF, University of Texas, Houston - USA
- 10.30–10.50 Role of Primary Care in Erectile Dysfunction Management
R. Sadovsky, MD, Ass. Prof. Of Family Practice; SUNY-Downstate Medical Center – USA
- 10.50–11.10 BPH Management: Strategies in Primary Care
P. Ginsberg, DO, JD, Albert Einstein Medical Center, Philadelphia, PA - USA
- 11.10–11.30 Prostate Cancer: To Screen or not to Screen
S. Spann, MD, MBA, Baylor College of Medicine, Houston, Texas - USA
- 11.30–12.00 Ask the Experts: “How I do it” Panel Discussion
Chair: E. Rebhandl, MD, President of the Austrian Society of Family Physicians - Austria

Men's Health Workshops:

WS I: Aging Male & the Family Doctor - Controversies on Therapeutic & Preventive Strategies

Date: Thursday, October 14th, 2004

Time: 10.30 – 12.00

Room: W240D

Chair: S. Meryn – Austria
J. Mendive – Spain

- 10.30–10.50 Diagnosis and Screening for Endocrine Deficiencies in the Aging Male
S. Meryn, MD, Professor of Medicine; Medical University of Vienna - Austria
- 10.05–11.10 DEC Syndrome
J. Mendive, MD, President of the Spanish Society of Family Doctors, Barcelona – Spain
- 11.10–11.30 Sexual Dysfunction in the Aging Male
A. Levy, MD, New York, NY – USA

11.30–11.50 **MALES in the Aging Male**

W. Fisher, PhD, Professor, University of Western Ontario, London, Ontario – Canada

11.50–12.00 **Ask the Experts: “How I do it” Panel Discussion**

Learning objectives:

- Discuss diseases and conditions associated with the Aging Male
- Review diagnosis and treatment of common conditions encountered in the office
- Improve communication skills

WS II: Erectile Dysfunction & the Family Doctor - A model for Men's Health

Date: Friday, October 15th, 2004

Time: 13.30 – 15.00

Room: W240D

Chair: S. Meryn – Austria
W. Fisher – USA

13.30–13.45 **Causes of Sexual Dysfunction Overview**

S. Meryn, MD, Professor of Medicine; Medical University of Vienna - Austria

13.45 **What men with ED want, and why they aren't getting it**

–14.00 *W. Fisher, PhD, Professor, University of Western Ontario, London, Ontario – Canada*

14.00–14.15 **The Assessment of ED in the Family Practitioner's Office**

J. Mendive, MD, President of the Spanish Society of Family Doctors, Barcelona – Spain

14.15- 14.30 **Optimizing Patient Response to ED Therapy**

A. Levy, MD, New York, NY – USA

14.30–14.45 **ED after Curative Therapy for Prostate Cancer**

S. Spann, MD, MBA, Baylor College of Medicine, Houston, Texas - USA

14.45– **Ask the Experts: “How I do it” Panel Discussion**

15.00

Learning objectives:

- Provide state-of-the-art care including communication skills with the ED patient
- Treat patients with ED using new therapeutic agents
- Discuss current options of diagnosing and treating ED

Dear Colleagues and Friends,

The second Issue of [The Journal of Men's Health and Gender](#) is ready for distribution.

Issues 2 and 3 of *jmhg* have been combined. This bumper issue testifies to the scope of men's health and gender medicine. African-American men's health, osteoporosis, bladder problems, fatherhood's effect on health, sex determination, aging, and suicide, are covered among other topics in the science section. The non-science section features women who dressed as men to follow careers which were not available to them up until less than 100 years ago. In the Challenge 21 section two prostate cancer patients, a well-known football star and a vice president in a pharmaceutical company, speak out. This issue will be available from the beginning of October 2004.



jmhg (Vol. 1 no. 2-3; September 2004) - List of Contents

Editorial

Disparity and priorities
Siegfried Meryn

ISMH News and Views

ISMH's collaboration with Wonca at the
17th World Conference of Family Doctors

The Preliminary Programme for The
3LaenderKongress (Congress of 3 countries)

Curriculum vitae: Alessandra Graziottin, MD

Editorials

The health status of African-American men: improving our understanding of men's health challenges

Jean J.E. Bonhomme

Men's health as a public health issue

Wanda K. Jones

Men's bladder health: where issues differ between the sexes

Nancy Muller

New models for providing men with health care

Ian Banks

Reviews

The effects of fatherhood on the health of men: a review of the literature

Edward E. Bartlett

Sex determination: insights from the human and animal models suggest that the mammalian Y chromosome is uniquely specialised for the male's benefit

David Miller

Transurethral microwave thermotherapy for treatment of benign prostatic hyperplasia

Mattias Waldert and Bob Djavan

Original articles

A report on the demographic characteristics and the state of men's health in Bulgaria

Vladimir Christov, Zdravko Kamenov, Maria Todorova, Ljubomir Ivanov, Fani Tzurakova

Suicides of men in Austria: an epidemiological analysis over a 30-year period

Nestor D. Kapusta and Gernot Sonneck

Letter to the editor

Lesbian, gay, bisexual, transgender and intersex (LGBTI) health issues need to be included

Gordon Youngman

Practicing medicine

Osteoporosis: assessment for diagnosis, evaluation and treatment

Leonard K.H. Koh

Sexual arousal: similarities and differences between men and women

Alessandra Graziottin

The aging man and woman: are the differences important?

John E. Morley

Gender issues in heart disease for aging men

Robert S. Tan and Grant C. Fowler

Update

Journal Watch

Web Watch

Book Reviews

Solitary Sex: A Cultural History of Masturbation

Wilhelm Stoeckl

Courage and Country. James Shields: More than Irish Luck

Christine Rachler-Kourtides

Sex, The Heart and Erectile Dysfunction

Siegfried Meryn

News Round-up

Events Calendar 2004

Look Ahead/Look Back

Counterfeit men: women who lived in male disguise

Virginia Bertolini

Commentary on "Counterfeit men...":

The real gender-determining region is between the ears not between the legs?

Markus Hengstschläger

Do women want to be men?

Clair M. Callan

Forum

Innovative Practice

Pharma News and Reports

News and Views from Patients and Patient Groups
Around the world with Men's Health and Women's Health organisations
Out of Practice:

Challenge 21

Men are cowards about health
Interview with Sir Bobby Robson

Prostate prose
Alan Moore

Making health manly: social marketing and men's health
Will Courtenay

MOST RECENT ISSUES IN MEN'S HEALTH

Impotence: A Red Flag for Heart Disease

For men, flagging potency can be a red flag that something's not right in the cardiovascular system. And experts say men who rush to fix the problem with impotence drugs may be ignoring a bigger threat to their health.

[Read more about at healthscout.com ->](#)

Testosterone gel now available in metered-dose pump

Unimed Pharmaceuticals said it now offers testosterone gel 1% (AndroGel) in a metered-dose pump. The pump delivers 1.25 grams of testosterone gel per pump depression. Physicians have added flexibility to dose the gel from a starting dose of 5 g/day to 7.5 g/day or from 7.5 g/day to 10 g/day, as needed.

[Read more about at urologytimes.com ->](#)

Is gene therapy the answer for prostate cancer?

Prostate cancer is the third most common cancer, accounting for one in 10 cancer diagnoses in men worldwide during 2000. Despite this high burden of morbidity, there is a lack of curative treatments for locally advanced and metastatic disease. Good anatomical accessibility of the prostate combined with substantial molecular understanding of the disease makes prostate cancer an attractive target for gene therapy.

[Read more about at www.nature.com ->](#)

Experts Call for Team Approach to Prostate Cancer

Doctors need to develop a more organized team approach to prostate cancer, with a clear outline on how to screen for the disease and to treat it, a panel of 24 cancer experts said.

[Read more about at story.news.yahoo.com ->](#)

Effects of Aerobic Physical Exercise on Inflammation and

Atherosclerosis in Men: The DNASCO Study

Although regular physical activity is recommended for prevention of cardiovascular diseases, no data are available on its antiatherosclerotic effects in the general population. Objective: To determine whether progressive aerobic exercise compared with usual activity slows progression of atherosclerosis in men.

[Read more about at **annals.org** ->](#)

Mediterranean Diet, Lifestyle Factors, and 10-Year Mortality in Elderly European Men and Women

Dietary patterns and lifestyle factors are associated with mortality from all causes, coronary heart disease, cardiovascular diseases, and cancer, but few studies have investigated these factors in combination. Among individuals aged 70 to 90 years, adherence to a Mediterranean diet and healthful lifestyle is associated with a more than 50% lower rate of all-causes and cause-specific mortality.

[Read more about at **jama.ama-assn.org** ->](#)

Walking and Dementia in Physically Capable Elderly Men

Evidence suggests that physical activity may be related to the clinical expression of dementia. Whether the association includes low-intensity activity such as walking is not known. Findings suggest that walking is associated with a reduced risk of dementia. Promoting active lifestyles in physically capable men could help late-life cognitive function.


[Read more about at **jama.ama-assn.org** ->](#)

Men, Women More Different Than Thought

Beyond the tired clichés and sperm-and-egg basics taught in grade school science class, researchers are discovering that men and women are even more different than anyone realized. It turns out that major illnesses like heart disease and lung cancer are influenced by gender and that perhaps treatments for women ought to be slightly different from the approach used for men.

[Read more about at **start.earthlink.net** ->](#)

 **Tell a Colleague!** Forward this newsletter to your colleagues and let them know about the latest **Men's Health News!**

 **Sign Up!** Haven't subscribed to the **Men's Health Newsletter** yet? Visit the [ISMH-Homepage](#) and sign up!

**International Society for Men's
Health
and Gender**

P.O.Box 144, A-1097 Vienna

Austria / EUROPE

Phone: +43 1 4096010

Fax: +43 1 4096011

www.ismh.org

office@ismh.org



**With the appreciated support
of the City of Vienna**



To unsubscribe the Men's Health Newsletter, simply send a mail to listserv@akh-wien.ac.at with the word "signoff wcmh-l" in the text field.

Copyright (c) 2004 wcmh. All rights reserved.